

Time Audit Tool

Activity	Actual time	Time ideal	Time Surplus/ deficit	Priority (Score 0-2 where 0=Nil and 2=max)
Market opportunity scanning and trading action.				
Position monitoring and adjustment.				
Direct additional information gathering e.g. Economic data.				
Trading plan and system development.				
Organisation of resources and environment.				
Journal recording and evaluation.				
Other system audit.				
Book-keeping and accountancy.				
Direct learning e.g. seminars, workshops, courses, coaching.				
Indirect learning e.g. Self-taught research, web-surfing, forums.				
Other (specify).....				
Totals				



MARKETS
first choice for trading

Disclaimer and risk warning

The online course, supplemental webinars termed 'group coaching' sessions and the associated supporting learning materials are for educational purposes only. Any market examples given should be viewed as being part of the learning process and should not be viewed as specific advice to take trading action. Trading Forex and Derivatives carries a high level of risk, including the risk of losing substantially more than your initial investment. The effect of leverage is that both gains and losses are magnified. You should only trade if you fully understand and can afford to carry these risks. Trading Derivatives may not be suitable for all type of investors, so please ensure that you fully understand the risks involved, and seek independent advice if necessary.

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